



The Ascham

May 2010

From the Editor

Welcome to my second edition of the Ascham. Thanks to the few members who took the time and trouble to make contact with me following the first copy, I'm open to compliments and criticisms so please feel free to let rip if you feel so inclined. I was going to say that I'm fairly new to this journalism (if you can call it that) but then realised that I may be uncovered as a fraud, following the next edition of Archery UK. Much as it goes against the grain to blow my own trumpet, it will be reported that along with my fellow editor Brenda Williams, Bannockburn Bowmen's Bulletin was awarded the Toxophilus Trophy for 2010 at the recent Archery GB AGM for the best club/regional newsletter. In a strange twist, I discovered that the trophy was presented to GNAS back in 1968 bythe CSAA! So in a way, its found its way home after 42 years!

Indoor Championships RAF Cranwell March 20 2010.

The Indoor championships took place as advertised at RAF Cranwell with 51 archers, including 17 visitors taking part. Hosted by PAAS (Per Ardua Archery Society) as a prelude to their own championships, the tournament also acts as the qualifier for the CSAA team to compete against PAAS on the following day.

In the Recurve division, Jane Burnham and Alan

Banks came out on top, with Helen Darby-Smythe and Mike Hesketh-Roberts winning the Compound honours. Wendy King and Christopher Quinn prevailed in the Longbow category. Full details are on the website, address below, or from me direct.



The match against PAAS was contested by a team of 7 archers : Mike H-R and Robin Jarvis (compound) Alan Banks Tim Croot Ciaran Murphy and Anita Baily (recurve) and Christopher Quinn (longbow).

CSAA were victorious with a total of 3798 scored, a margin of 59 points over their rivals.

REP matches Summer 2010

Every year CSAA competes in three outdoor representative matches, one against the Royal Toxophilite Society and a combined match against PAAS and the British Police Association. Members are invited to be part of the CSAA team for these events, but the manager needs to know two things

1. if you are available
2. your current scores , for York/FITA round

Dates for the RTS match are yet to be finalised, but the PAAS/BPA match will be held at RAF Cranwell on Friday 16th July

Please contact Mike H-R or Robin , see below for contact details. Please note that you don't have to be of a specific standard to be considered, although you need to be able to shoot 100yds/90 mts.

Catch-up on 2009 from the Chairman

First my thanks to Ciaran for taking on the role of Ascham Editor and apologies to him for not getting any copy to him for his first edition. As

most of you know I have a little bit of experience in trying to fill blank sheets of paper and it can be quite a taxing issue when you don't receive any articles.

In regard to 2009 I believe that once again it was a very successful year. We competed against the Royal Tox, PAAS, and the Police and were victorious in all three events. Hopefully we can emulate this for 2010.

My thanks should also go to Jeni Morgan who took on the role of team captain, organising the events and geeing up the archers. Unfortunately Jeni could not continue in the role due to other commitments so in the absence of anyone else I could pressgang into service I have taken on the role myself.

I along with the committee feel that representing the CSAA should not just be open to the elite archers but to others who enjoy their archery and who would be proud to shoot for the Association. Hopefully we will be able to encourage others this year.

Outdoor Championships/Regional qualifiers

I make no apology for reprinting the information below regarding regional qualifiers and expenses claims, reminding everyone that expenses can be claimed by winners and runners up who go on and represent their regions at the nationals. Outlined below are the criteria.

Each Regional team can claim expenses for the following

- 4 Recurve (1st Lady, 1st Gent and next two highest scores)
- 3 Compound (1st Lady, 1st Gent and next highest score) and
- 2 Longbow (1st Lady and 1st Gent)

Claim forms are available from the treasurer at the Nationals. Expenses towards attending regional qualifiers may be claimed from the regional association, check with your local area representative.

Dates for your diary

The London and South East regional qualifiers will be held together on Saturday June 19 at 10.30 am at the Civil Service Sports Ground, Recreation Close, Maidstone, Kent, ME14 5AZ for entries, and more information, see below.

London Regional entries to Anita Baily at membership.secretary@scarchery.org.uk,
South East to Ron Simpson at Crownarchers@hotmail.com

The Scottish qualifier will be held on Sunday June 13 at Strathallan Games Park, Bridge of Allan, Stirling as part of Bannockburn Bowmens Open FITA competition. The entry form can be found at www.scottisharchery.org.uk or from the editor.

The Eastern area competition is scheduled for Sunday June 20 at Sir Harry Smith Community College, Eastrea Rd, Whittlesey PE7 1XB. Details from Steve Darby-Smythe (bw.archers@tesco.net)

More details for other regions will be posted on the website when they are known.

As for the National Finals, these will be taking place at the grounds of North Cheshire Bowmen, Timperley, Cheshire on Friday September 10th. Wendy Hodgkinson is the Tournament Organiser and we have managed to get a very good rate at the 4* Marriot Hotel in Manchester. Entry forms are available on the CSAA website.

News from the Retirement Home

Most of you will know that in March of 2004, I was diagnosed with Multiple Myeloma after some four months of increasing back pain. At the end it was excruciatingly debilitating and was finally taken seriously to the extent that, after an emergency MRI scan, I was in hospital within 24 hours. Since then the Myeloma has been knocked on-the-head with Chemotherapy and the large growth dealt with by Radiotherapy. Initially the Chemo was Melphalan followed by Thalidomide and this last proved so successful, that I was able to negotiate a halving of the dose with my Consultant to reduce the impact of the inevitable side-effects. However it was expected that eventually the

Myeloma would get used to the Chemo and reawaken.

Towards the end of 2008 this is indeed what occurred and the Thalidomide was put back to the original dose rate, although it was likely that this would not be sufficient. The return of active Myeloma has resulted in one or more further growths, one of which at or about vertebra T7 is causing some pain, not helped by the coughing and sneezing associated with a typical Winter's cold! A further MRI scan over the Easter weekend has confirmed that there are growths and I hope that quite soon these will be dealt with. My Chemo has now been changed to Velcade with other quite different side-effects, but hopefully the Myeloma will be put back to sleep.

As a result of the latest MRI scan, there is a strong possibility that my back can be strengthened at the new higher level by some more Vertebroplasty and perhaps some Kyphoplasty, although it is unlikely that I will ever be six foot again!

All of the above is a brief overview of the period from December '03 to the present, but none of it would have been possible without the skills and dedication of all the NHS professionals within the Oxford hospitals. In the intervening six plus years, the huge investments made in the John Radcliffe and the Churchill hospitals and the Nuffield Orthopaedic Centre have wrought massive improvement. The first now has a dedicated Children's hospital as well as a new Scanning Department, the second a new Cancer and Haematology Centre, within which I am treated, and the NOC is almost unrecognisable from what was there on 22nd March 2004.

To finish this little up-date, I am ever hopeful that Velcade will do its business for a few years; at that stage and, should the Myeloma return as is likely, then there is yet another Chemo waiting in the wings!

All for now, Bernard Moore.

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Opinions expressed by me Ed, are my own and do not necessarily coincide with those of the CSAA or CSSC